

**PHY 711 Classical Mechanics and  
Mathematical Methods**  
**10-10:50 AM MWF Olin 103**

**Plan for Lecture 22:**

**Rotational motion (Chapter 5)**

- 1. Rigid body motion in body fixed frame**
- 2. Conversion between body and inertial reference frames**
- 3. Symmetric top motion**

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|                    |                  |                                     |                            |
|--------------------|------------------|-------------------------------------|----------------------------|
| 10 Wed, 9/16/2015  | Chap. 3 & 6      | Lagrangians and constants of motion | #10                        |
| 11 Fri, 9/18/2015  | Chap. 3 & 6      | Hamiltonian formalism               | #11                        |
| 12 Mon, 9/21/2015  | Chap. 3 & 6      | Hamiltonian formalism               | #12                        |
| 13 Wed, 9/23/2015  | Chap. 3 & 6      | Hamiltonian Jacobi transformations  | #13                        |
| 14 Fri, 9/25/2015  | Chap. 4          | Small oscillations                  | #14                        |
| 15 Mon, 9/28/2015  | Chap. 4          | Normal modes of motion              | #15                        |
| 16 Wed, 9/30/2015  | Chap. 7          | Wave motion                         | #16                        |
| 17 Fri, 10/02/2015 | Chap. 7 & App. A | Contour integration                 | #17                        |
| 18 Mon, 10/05/2015 | Chap. 7          | Fourier transforms                  | #18                        |
| 19 Wed, 10/07/2015 | Chap. 7          | Laplace transforms                  | #19                        |
| 20 Fri, 10/09/2015 | Chap. 7          | Green's functions                   | Start exam                 |
| Mon, 10/12/2015    |                  | No class                            | Take home exam             |
| Wed, 10/14/2015    |                  | No class                            | Exam due before 10/19/2015 |
| Fri, 10/16/2015    |                  | Fall break -- no class              |                            |
| 21 Mon, 10/19/2015 | Chap. 5          | Motion of Rigid Bodies              | #20                        |
| 22 Wed, 10/21/2015 | Chap. 5          | Motion of Rigid Bodies              | #21                        |
| Wed, 12/02/2015    |                  | Student presentations I             |                            |
| Fri, 12/04/2015    |                  | Student presentations II            |                            |
| Mon, 12/07/2015    |                  | Begin Take-home final               |                            |

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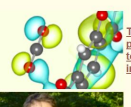
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**FOREST CITY**

**Department of Physics**

**News**



Thonhauser group publishes spin extension to van der Waals DFT in Phys. Rev. Lett.



Congratulations to Dr. Nicholas Lopley, recent Ph.D. Recipient



Research Labs Tour Part I

**Events**

Wed, Oct. 21, 2015  
Micro to Nanoscale Surface Evolution on Lithium-Ion Batteries  
**Olin 101, 4:00 PM**  
Refreshments at 3:30 PM  
Olin Lobby

Mon, Oct. 26, 2015  
**Career Advising Event**  
Careers in Finance  
**Olin 106 at 3:00 PM**

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## WFU Physics Colloquium

**TITLE:** Micro to Nanoscale Surface Evolution on Lithium-Ion Batteries

**SPEAKER:** [Sung-Jin Cho](#),

Department of Nano Engineering,  
Joint School of Nanoscience and Nanoengineering,  
North Carolina A&T State University,  
Greensboro, NC

**TIME:** Wednesday October 21, 2015 at 4:00 PM

**PLACE:** Room 101 Olin Physical Laboratory

Refreshments will be served at 3:30 PM in the Olin Lounge. All interested persons are cordially invited to attend.

## ABSTRACT

Two ongoing research projects related to energy storage materials and devices such as lithium-ion batteries will be described. First, we report a thoroughly new concept applied to the design and synthesis of a multifunctional, nanoscale interface and multi-phase

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Summary of previous results  
describing rigid bodies rotating  
about a fixed origin

$$\left(\frac{d\mathbf{r}}{dt}\right)_{\text{inertial}} = \boldsymbol{\omega} \times \mathbf{r}$$



$$\text{Kinetic energy: } T = \sum_p \frac{1}{2} m_p v_p^2 = \sum_p \frac{1}{2} m_p \left( \left| \boldsymbol{\omega} \times \mathbf{r}_p \right| \right)^2$$

$$= \sum_p \frac{1}{2} m_p (\boldsymbol{\omega} \times \mathbf{r}_p) \cdot (\boldsymbol{\omega} \times \mathbf{r}_p)$$

$$= \sum_p \frac{1}{2} m_p \left[ (\boldsymbol{\omega} \cdot \boldsymbol{\omega})(\mathbf{r}_p \cdot \mathbf{r}_p) - (\mathbf{r}_p \cdot \boldsymbol{\omega})^2 \right]$$

$$= \boldsymbol{\omega} \cdot \tilde{\mathbf{I}} \cdot \boldsymbol{\omega} \quad \tilde{\mathbf{I}} \equiv \sum_p m_p (\mathbf{1} r_p^2 - \mathbf{r}_p \mathbf{r}_p)$$

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Moment of inertia tensor

Matrix notation:

$$\tilde{\mathbf{I}} \equiv \begin{pmatrix} I_{xx} & I_{xy} & I_{xz} \\ I_{yx} & I_{yy} & I_{yz} \\ I_{zx} & I_{zy} & I_{zz} \end{pmatrix} \quad I_{ij} \equiv \sum_p m_p (\delta_{ij} r_p^2 - r_{pi} r_{pj})$$

$$\text{For general coordinate system: } T = \frac{1}{2} \sum_{ij} I_{ij} \omega_i \omega_j$$

For (body fixed) coordinate system that diagonalizes  
moment of inertia tensor:  $\tilde{\mathbf{I}} \cdot \hat{\mathbf{e}}_i = I_i \hat{\mathbf{e}}_i \quad i = 1, 2, 3$

$$\boldsymbol{\omega} = \tilde{\omega}_1 \hat{\mathbf{e}}_1 + \tilde{\omega}_2 \hat{\mathbf{e}}_2 + \tilde{\omega}_3 \hat{\mathbf{e}}_3 \quad \Rightarrow T = \frac{1}{2} \sum_i I_i \tilde{\omega}_i^2$$

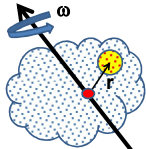
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Summary of previous results  
describing rigid bodies rotating  
about a fixed origin •

$$\left(\frac{d\mathbf{r}}{dt}\right)_{\text{inertial}} = \boldsymbol{\omega} \times \mathbf{r}$$



$$\begin{aligned}\text{Angular momentum: } \mathbf{L} &= \sum_p m_p \mathbf{r}_p \times \mathbf{v}_p = \sum_p m_p \mathbf{r}_p \times (\boldsymbol{\omega} \times \mathbf{r}_p) \\ &= \sum_p m_p \left[ \boldsymbol{\omega} (\mathbf{r}_p \cdot \mathbf{r}_p) - \mathbf{r}_p (\mathbf{r}_p \cdot \boldsymbol{\omega}) \right] \\ &= \tilde{\mathbf{I}} \cdot \boldsymbol{\omega} \quad \tilde{\mathbf{I}} \equiv \sum_p m_p (1r_p^2 - \mathbf{r}_p \mathbf{r}_p)\end{aligned}$$

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Descriptions of rotation about a given origin -- continued

For (body fixed) coordinate system that diagonalizes  
moment of inertia tensor:

$$\tilde{\mathbf{I}} \cdot \hat{\mathbf{e}}_i = I_i \hat{\mathbf{e}}_i \quad \boldsymbol{\omega} = \tilde{\omega}_1 \hat{\mathbf{e}}_1 + \tilde{\omega}_2 \hat{\mathbf{e}}_2 + \tilde{\omega}_3 \hat{\mathbf{e}}_3$$

$$\mathbf{L} = I_1 \tilde{\omega}_1 \hat{\mathbf{e}}_1 + I_2 \tilde{\omega}_2 \hat{\mathbf{e}}_2 + I_3 \tilde{\omega}_3 \hat{\mathbf{e}}_3$$

$$\text{Time derivative: } \frac{d\mathbf{L}}{dt} = \left(\frac{d\mathbf{L}}{dt}\right)_{\text{body}} + \boldsymbol{\omega} \times \mathbf{L}$$

$$\begin{aligned}\frac{d\mathbf{L}}{dt} &= I_1 \dot{\tilde{\omega}}_1 \hat{\mathbf{e}}_1 + I_2 \dot{\tilde{\omega}}_2 \hat{\mathbf{e}}_2 + I_3 \dot{\tilde{\omega}}_3 \hat{\mathbf{e}}_3 + \\ &\quad \tilde{\omega}_2 \tilde{\omega}_3 (I_3 - I_2) \hat{\mathbf{e}}_1 + \tilde{\omega}_3 \tilde{\omega}_1 (I_1 - I_3) \hat{\mathbf{e}}_2 + \tilde{\omega}_1 \tilde{\omega}_2 (I_2 - I_1) \hat{\mathbf{e}}_3\end{aligned}$$

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Descriptions of rotation about a given origin -- continued

Note that the torque equation

$$\frac{d\mathbf{L}}{dt} = \left(\frac{d\mathbf{L}}{dt}\right)_{\text{body}} + \boldsymbol{\omega} \times \mathbf{L} = \boldsymbol{\tau}$$

is very difficult to solve directly in the body fixed frame.

For  $\boldsymbol{\tau} = 0$  we can solve the Euler equations:

$$\begin{aligned}\frac{d\mathbf{L}}{dt} = 0 &= I_1 \dot{\tilde{\omega}}_1 \hat{\mathbf{e}}_1 + I_2 \dot{\tilde{\omega}}_2 \hat{\mathbf{e}}_2 + I_3 \dot{\tilde{\omega}}_3 \hat{\mathbf{e}}_3 + \\ &\quad \tilde{\omega}_2 \tilde{\omega}_3 (I_3 - I_2) \hat{\mathbf{e}}_1 + \tilde{\omega}_3 \tilde{\omega}_1 (I_1 - I_3) \hat{\mathbf{e}}_2 + \tilde{\omega}_1 \tilde{\omega}_2 (I_2 - I_1) \hat{\mathbf{e}}_3 \\ I_1 \dot{\tilde{\omega}}_1 + \tilde{\omega}_2 \tilde{\omega}_3 (I_3 - I_2) &= 0 \\ I_2 \dot{\tilde{\omega}}_2 + \tilde{\omega}_3 \tilde{\omega}_1 (I_1 - I_3) &= 0 \\ I_3 \dot{\tilde{\omega}}_3 + \tilde{\omega}_1 \tilde{\omega}_2 (I_2 - I_1) &= 0\end{aligned}$$

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Euler equations for rotation in body fixed frame :

$$I_1 \dot{\tilde{\omega}}_1 + \tilde{\omega}_2 \tilde{\omega}_3 (I_3 - I_2) = 0$$

$$I_2 \dot{\tilde{\omega}}_2 + \tilde{\omega}_3 \tilde{\omega}_1 (I_1 - I_3) = 0$$

$$I_3 \dot{\tilde{\omega}}_3 + \tilde{\omega}_1 \tilde{\omega}_2 (I_2 - I_1) = 0$$

Solution for symmetric top --  $I_2 = I_1$  :

$$I_1 \dot{\tilde{\omega}}_1 + \tilde{\omega}_2 \tilde{\omega}_3 (I_3 - I_1) = 0$$

$$I_1 \dot{\tilde{\omega}}_2 + \tilde{\omega}_3 \tilde{\omega}_1 (I_1 - I_3) = 0$$

$$I_3 \dot{\tilde{\omega}}_3 = 0 \quad \Rightarrow \quad \tilde{\omega}_3 = (\text{constant})$$

$$\text{Define : } \Omega \equiv \tilde{\omega}_3 \frac{I_3 - I_1}{I_1} \quad \tilde{\omega}_1 = -\tilde{\omega}_2 \Omega$$

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Solution of Euler equations for a symmetric top -- continued

$$\tilde{\omega}_1 = -\tilde{\omega}_2 \Omega \quad \tilde{\omega}_2 = \tilde{\omega}_1 \Omega$$

$$\text{where } \Omega \equiv \tilde{\omega}_3 \frac{I_3 - I_1}{I_1}$$

$$\text{Solution : } \tilde{\omega}_1(t) = A \cos(\Omega t + \varphi)$$

$$\tilde{\omega}_2(t) = A \sin(\Omega t + \varphi)$$

$$T = \frac{1}{2} \sum_i I_i \tilde{\omega}_i^2 = \frac{1}{2} I_1 A^2 + \frac{1}{2} I_3 \tilde{\omega}_3^2$$

$$\begin{aligned} \mathbf{L} &= I_1 \tilde{\omega}_1 \hat{\mathbf{e}}_1 + I_2 \tilde{\omega}_2 \hat{\mathbf{e}}_2 + I_3 \tilde{\omega}_3 \hat{\mathbf{e}}_3 \\ &= I_1 A (\cos(\Omega t + \varphi) \hat{\mathbf{e}}_1 + \sin(\Omega t + \varphi) \hat{\mathbf{e}}_2) + I_3 \tilde{\omega}_3 \hat{\mathbf{e}}_3 \end{aligned}$$

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Euler equations for rotation in body fixed frame :

$$I_1 \dot{\tilde{\omega}}_1 + \tilde{\omega}_2 \tilde{\omega}_3 (I_3 - I_2) = 0$$

$$I_2 \dot{\tilde{\omega}}_2 + \tilde{\omega}_3 \tilde{\omega}_1 (I_1 - I_3) = 0$$

$$I_3 \dot{\tilde{\omega}}_3 + \tilde{\omega}_1 \tilde{\omega}_2 (I_2 - I_1) = 0$$

Solution for asymmetric top --  $I_3 \neq I_2 \neq I_1$  :

$$\text{Suppose : } \tilde{\omega}_3 \approx 0 \quad \text{Define : } \Omega_1 \equiv \tilde{\omega}_3 \frac{I_3 - I_2}{I_1}$$

$$\text{Define : } \Omega_2 \equiv \tilde{\omega}_3 \frac{I_3 - I_1}{I_2}$$

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## Euler equations for asymmetric top -- continued

$$I_1 \dot{\tilde{\omega}}_1 + \tilde{\omega}_2 \tilde{\omega}_3 (I_3 - I_2) = 0$$

$$I_2 \dot{\tilde{\omega}}_2 + \tilde{\omega}_3 \tilde{\omega}_1 (I_1 - I_3) = 0$$

$$I_3 \dot{\tilde{\omega}}_3 + \tilde{\omega}_1 \tilde{\omega}_2 (I_2 - I_1) = 0$$

If  $\dot{\tilde{\omega}}_3 \approx 0$ , Define:  $\Omega_1 \equiv \tilde{\omega}_3 \frac{I_3 - I_2}{I_1}$        $\Omega_2 \equiv \tilde{\omega}_3 \frac{I_3 - I_1}{I_2}$

$$\dot{\tilde{\omega}}_1 = -\Omega_1 \tilde{\omega}_2 \quad \dot{\tilde{\omega}}_2 = \Omega_2 \tilde{\omega}_1$$

If  $\Omega_1$  and  $\Omega_2$  are both positive or both negative :

$$\tilde{\omega}_1(t) \approx A \cos(\sqrt{\Omega_1 \Omega_2} t + \varphi)$$

$$\tilde{\omega}_2(t) \approx A \sqrt{\frac{\Omega_2}{\Omega_1}} \sin(\sqrt{\Omega_1 \Omega_2} t + \varphi)$$

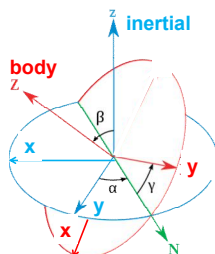
$\Rightarrow$  If  $\Omega_1$  and  $\Omega_2$  have opposite signs, solution is unstable.

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## Transformation between body-fixed and inertial coordinate systems -- Euler angles



[http://en.wikipedia.org/wiki/Euler\\_angles](http://en.wikipedia.org/wiki/Euler_angles)

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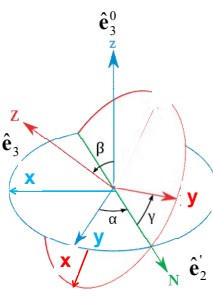
$$\tilde{\omega} = \dot{\alpha} \hat{e}_3^0 + \dot{\beta} \hat{e}_2' + \dot{\gamma} \hat{e}_3$$

Need to express all components in body-fixed frame:

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$\tilde{\omega} = \dot{\alpha} \hat{e}_3^0 + \dot{\beta} \hat{e}_2' + \dot{\gamma} \hat{e}_3$

$\hat{e}_2' = \sin \gamma \hat{e}_1 + \cos \gamma \hat{e}_2$

Matrix representation :

$$\hat{e}_2' = \begin{pmatrix} \cos \gamma & \sin \gamma & 0 \\ -\sin \gamma & \cos \gamma & 0 \\ 0 & 0 & 1 \end{pmatrix} \begin{pmatrix} 0 \\ 1 \\ 0 \end{pmatrix} = \begin{pmatrix} \sin \gamma \\ \cos \gamma \\ 0 \end{pmatrix}$$

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$\tilde{\omega} = \dot{\alpha} \hat{e}_3^0 + \dot{\beta} \hat{e}_2' + \dot{\gamma} \hat{e}_3$

$\hat{e}_3^0 = -\sin \beta \hat{e}_1' + \cos \beta \hat{e}_3' = -\cos \gamma \sin \beta \hat{e}_1 + \sin \gamma \sin \beta \hat{e}_2 + \cos \beta \hat{e}_3$

Matrix representation:

$$\hat{e}_3^0 = \begin{pmatrix} \cos \gamma & \sin \gamma & 0 \\ -\sin \gamma & \cos \gamma & 0 \\ 0 & 0 & 1 \end{pmatrix} \begin{pmatrix} \cos \beta & 0 & -\sin \beta \\ 0 & 1 & 0 \\ \sin \beta & 0 & \cos \beta \end{pmatrix} \begin{pmatrix} 0 \\ 0 \\ 1 \end{pmatrix}$$

$$= \begin{pmatrix} -\sin \beta \cos \gamma \\ \sin \beta \sin \gamma \\ \cos \beta \end{pmatrix}$$

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$\tilde{\omega} = \dot{\alpha} \hat{e}_3^0 + \dot{\beta} \hat{e}_2' + \dot{\gamma} \hat{e}_3$

$\tilde{\omega} = \dot{\alpha} \begin{pmatrix} -\sin \beta \cos \gamma \\ \sin \beta \sin \gamma \\ \cos \beta \end{pmatrix} + \dot{\beta} \begin{pmatrix} \sin \gamma \\ \cos \gamma \\ 0 \end{pmatrix} + \dot{\gamma} \begin{pmatrix} 0 \\ 0 \\ 1 \end{pmatrix}$

$\tilde{\omega} = \tilde{\omega}_1 \hat{e}_1 + \tilde{\omega}_2 \hat{e}_2 + \tilde{\omega}_3 \hat{e}_3$

$\tilde{\omega} = \dot{\alpha} \begin{pmatrix} -\sin \beta \cos \gamma \\ \sin \beta \sin \gamma \\ \cos \beta \end{pmatrix} + \dot{\beta} \begin{pmatrix} \sin \gamma \\ \cos \gamma \\ 0 \end{pmatrix} + \dot{\gamma} \begin{pmatrix} 0 \\ 0 \\ 1 \end{pmatrix}$

$\tilde{\omega}_1 = \dot{\alpha}(-\sin \beta \cos \gamma) + \dot{\beta} \sin \gamma$

$\tilde{\omega}_2 = \dot{\alpha}(\sin \beta \sin \gamma) + \dot{\beta} \cos \gamma$

$\tilde{\omega}_3 = \dot{\alpha} \cos \beta + \dot{\gamma}$

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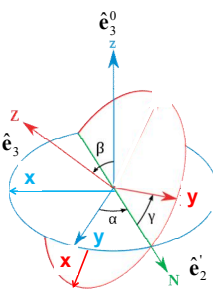
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$$\tilde{\omega} = \dot{\alpha} \hat{e}_3^0 + \dot{\beta} \hat{e}_2' + \dot{\gamma} \hat{e}_3'$$

$$\tilde{\omega} = \begin{bmatrix} \dot{\alpha}(-\sin \beta \cos \gamma) + \dot{\beta} \sin \gamma \\ \dot{\alpha}(\sin \beta \sin \gamma) + \dot{\beta} \cos \gamma \\ \dot{\alpha} \cos \beta + \dot{\gamma} \end{bmatrix}$$

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Rotational kinetic energy

$$T(\alpha, \beta, \gamma, \dot{\alpha}, \dot{\beta}, \dot{\gamma}) = \frac{1}{2} I_1 \tilde{\omega}_1^2 + \frac{1}{2} I_2 \tilde{\omega}_2^2 + \frac{1}{2} I_3 \tilde{\omega}_3^2$$

$$= \frac{1}{2} I_1 [\dot{\alpha}(-\sin \beta \cos \gamma) + \dot{\beta} \sin \gamma]^2$$

$$+ \frac{1}{2} I_2 [\dot{\alpha}(\sin \beta \sin \gamma) + \dot{\beta} \cos \gamma]^2$$

$$+ \frac{1}{2} I_3 [\dot{\alpha} \cos \beta + \dot{\gamma}]^2$$

If  $I_1 = I_2$  :

$$T(\alpha, \beta, \gamma, \dot{\alpha}, \dot{\beta}, \dot{\gamma}) = \frac{1}{2} I_1 (\dot{\alpha}^2 \sin^2 \beta + \dot{\beta}^2) + \frac{1}{2} I_3 [\dot{\alpha} \cos \beta + \dot{\gamma}]^2$$

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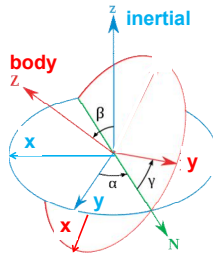
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Transformation between body-fixed and inertial coordinate systems – Euler angles



[http://en.wikipedia.org/wiki/Euler\\_angles](http://en.wikipedia.org/wiki/Euler_angles)

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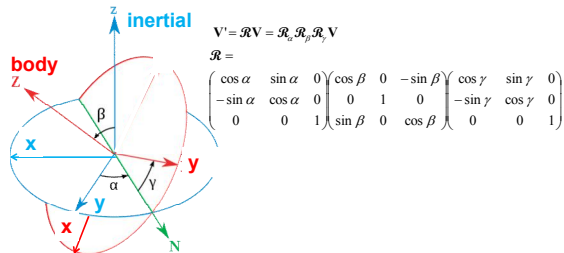
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### General transformation between rotated coordinates – Euler angles



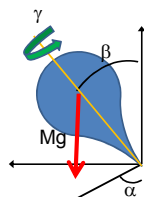
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### Motion of a symmetric top under the influence of the torque of gravity:



$$L(\alpha, \beta, \gamma, \dot{\alpha}, \dot{\beta}, \dot{\gamma}) = \frac{1}{2} I_1 (\dot{\alpha}^2 \sin^2 \beta + \dot{\beta}^2) + \frac{1}{2} I_3 [\dot{\alpha} \cos \beta + \dot{\gamma}]^2 - Mgl \cos \beta$$

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$$L(\alpha, \beta, \gamma, \dot{\alpha}, \dot{\beta}, \dot{\gamma}) = \frac{1}{2} I_1 (\dot{\alpha}^2 \sin^2 \beta + \dot{\beta}^2) + \frac{1}{2} I_3 [\dot{\alpha} \cos \beta + \dot{\gamma}]^2 - Mgl \cos \beta$$

Constants of the motion :

$$p_\alpha = \frac{\partial L}{\partial \dot{\alpha}} = I_1 \dot{\alpha} \sin^2 \beta + I_3 [\dot{\alpha} \cos \beta + \dot{\gamma}] \cos \beta$$

$$p_\gamma = \frac{\partial L}{\partial \dot{\gamma}} = I_3 [\dot{\alpha} \cos \beta + \dot{\gamma}]$$

$$E = \frac{1}{2} I_1 \dot{\beta}^2 + \frac{p_\gamma^2}{2I_3} + V_{\text{eff}}(\beta)$$

$$L(\beta, \dot{\beta}) = \frac{1}{2} I_1 \dot{\beta}^2 + \frac{(p_\alpha - p_\gamma \cos \beta)^2}{2I_1 \sin^2 \beta} + \frac{p_\gamma^2}{2I_3} - Mgl \cos \beta$$

$$V_{\text{eff}}(\beta) = \frac{(p_\alpha - p_\gamma \cos \beta)^2}{2I_1 \sin^2 \beta} + Mgl \cos \beta$$

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$$E = \frac{1}{2} I_1 \dot{\beta}^2 + \frac{p_z^2}{2I_3} + \frac{(p_\alpha - p_z \cos \beta)^2}{2I_1 \sin^2 \beta} + Mgl \cos \beta$$

$$E' = E - \frac{p_z^2}{2I_3} = \frac{1}{2} I_1 \dot{\beta}^2 + \frac{(p_\alpha - p_z \cos \beta)^2}{2I_1 \sin^2 \beta} + Mgl \cos \beta$$

Stable/unstable solutions near  $\beta=0$

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Suppose  $p_\alpha = p_z$  and  $\beta \approx 0$

$$E' = E - \frac{p_z^2}{2I_3} = \frac{1}{2} I_1 \dot{\beta}^2 + \frac{(p_\alpha - p_z \cos \beta)^2}{2I_1 \sin^2 \beta} + Mgl \cos \beta$$

$$E' \approx \frac{1}{2} I_1 \dot{\beta}^2 + \frac{p_z^2 (1 - \frac{1}{2} \beta^2)^2}{\beta^2} + Mgl (1 - \frac{1}{2} \beta^2)$$

$$\approx \frac{1}{2} I_1 \dot{\beta}^2 + \left( \frac{p_z^2}{8I_1} - \frac{Mgl}{2} \right) \beta^2 + Mgl$$

$\Rightarrow$  Stable solution if  $p_z \geq \sqrt{4MglI_1}$

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More general case:

$$E' = E - \frac{p_z^2}{2I_3} = \frac{1}{2} I_1 \dot{\beta}^2 + \frac{(p_\alpha - p_z \cos \beta)^2}{2I_1 \sin^2 \beta} + Mgl \cos \beta$$

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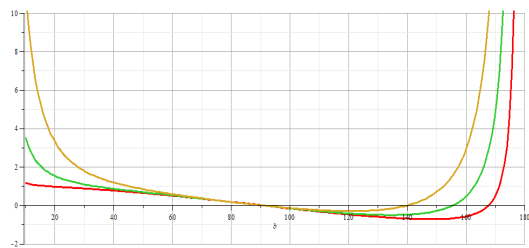
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More general case:

$$E' = E - \frac{p_\gamma^2}{2I_3} = \frac{1}{2}I_1\dot{\beta}^2 + \frac{(p_\alpha - p_\gamma \cos \beta)^2}{2I_1 \sin^2 \beta} + Mgl \cos \beta$$



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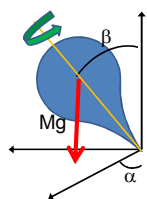
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Constants of the motion :

$$p_\gamma = \frac{\partial L}{\partial \dot{\gamma}} = I_3[\dot{\alpha} \cos \beta + \dot{\gamma}]$$

$$p_\alpha = \frac{\partial L}{\partial \dot{\alpha}} = I_1 \dot{\alpha} \sin^2 \beta + I_3[\dot{\alpha} \cos \beta + \dot{\gamma}] \cos \beta$$

$$= I_1 \dot{\alpha} \sin^2 \beta + p_\gamma \cos \beta$$

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