

**PHY 711 Classical Mechanics and
Mathematical Methods
10-10:50 AM MWF Olin 103**

Plan for Lecture 34

Physics of elastic continua – Chap. 13 in F & W

1. Stress and strain

2. Waves in elastic media

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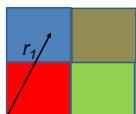
23	Wed, 10/24/2018	Chap. 5	Rigid body motion	#14	10/26/2018
24	Fri, 10/26/2018	Chap. 5	Rigid body motion	#15	10/31/2018
25	Mon, 10/29/2018	Chap. 8	Mechanics of elastic membranes	#16	11/02/2018
26	Wed, 10/31/2018	Chap. 9	Mechanics of three dimensional fluids		
27	Fri, 11/02/2018	Chap. 9	Mechanics of fluids	#17	11/07/2018
28	Mon, 11/05/2018	Chap. 9	Sound waves	Project topic	
29	Wed, 11/07/2018	Chap. 9	Sound waves	#18	11/12/2018
30	Fri, 11/09/2018	Chap. 9	Linear and non-linear sound		
31	Mon, 11/12/2018	Chap. 10	Surface waves	#19	11/16/2018
32	Wed, 11/14/2018	Chap. 10	Surface waves – nonlinear effects		
33	Fri, 11/16/2018	Chap. 11	Heat conductivity	#20	11/26/2018
34	Mon, 11/19/2018	Chap. 13	Elastic media		
	Wed, 11/21/2018	No class	Thanksgiving holiday		
	Fri, 11/23/2018	No class	Thanksgiving holiday		
35	Mon, 11/26/2018	Chap. 12	Viscous fluids		
36	Wed, 11/28/2018	Chap. 12	Viscous fluids		
37	Fri, 11/30/2018		Review		
	Mon, 12/03/2018		Presentations I		
	Wed, 12/05/2018		Presentations II		
	Fri, 12/07/2018		Presentations III		

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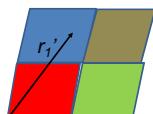
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Brief introduction to elastic continua



reference



deformation

$$\mathbf{r}_1' = \mathbf{r}_1 + \mathbf{u}(\mathbf{r}_1) \quad \mathbf{r}_2' = \mathbf{r}_2 + \mathbf{u}(\mathbf{r}_2)$$

$$\mathbf{r}_2' - \mathbf{r}_1' = \mathbf{r}_2 - \mathbf{r}_1 + (\mathbf{r}_2 - \mathbf{r}_1) \cdot \nabla \mathbf{u}(\mathbf{r}_1) + \dots$$

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— 1 —

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Brief introduction to elastic continua -- continued

Deformation components:

$$\frac{\partial u_i}{\partial x_j} = \frac{1}{2} \left(\frac{\partial u_i}{\partial x_j} + \frac{\partial u_j}{\partial x_i} \right) + \frac{1}{2} \left(\frac{\partial u_i}{\partial x_j} - \frac{\partial u_j}{\partial x_i} \right)$$

$$\equiv \epsilon_{ij} \quad + \quad O_{ij}$$

elastic strain tensor  rotation of material 

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Brief introduction to elastic continua -- continued
Deformation components:

$$\frac{\partial u_i}{\partial x_j} = \frac{1}{2} \left(\frac{\partial u_i}{\partial x_j} + \frac{\partial u_j}{\partial x_i} \right) + \frac{1}{2} \left(\frac{\partial u_i}{\partial x_j} - \frac{\partial u_j}{\partial x_i} \right)$$

$$\equiv \epsilon_{ij} \quad + \quad \cancel{O_{ij}}$$

$$V = \mathbf{a} \cdot (\mathbf{b} \times \mathbf{c}) \quad V' = \mathbf{a}' \cdot (\mathbf{b}' \times \mathbf{c}') \quad V' = V(1 + \nabla \cdot \mathbf{u}) = V(1 + \text{Tr}(\boldsymbol{\epsilon}))$$

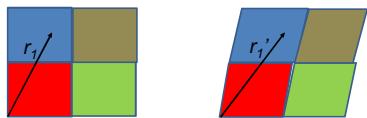
$$\nabla \cdot \mathbf{u} = \epsilon_{11} + \epsilon_{22} + \epsilon_{33} = \text{Tr}(\boldsymbol{\epsilon}) = \frac{dV}{V} = -\frac{d\rho}{\rho}$$

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Brief introduction to elastic continua -- continued



$$\mathbf{r}_1' = \mathbf{r}_1 + \mathbf{u}(\mathbf{r}_1) \quad \mathbf{r}_2' = \mathbf{r}_2 + \mathbf{u}(\mathbf{r}_2)$$

$$\mathbf{r}_2' - \mathbf{r}_1' = \mathbf{r}_2 - \mathbf{r}_1 + ((\mathbf{r}_2 - \mathbf{r}_1) \cdot \nabla) \mathbf{u}(\mathbf{r}_1) + \dots$$

$$x_{2i}' - x_{1i}' \approx x_{2i} - x_{1i} + \sum_{j=1}^3 \epsilon_{ij} (x_{2j} - x_{1j})$$

Effects of strain on a vector: $\epsilon_{ij} = \frac{1}{2} \left(\frac{\partial u_i}{\partial x_j} + \frac{\partial u_j}{\partial x_i} \right)$

$$\mathbf{a}' = \mathbf{a} + a(\epsilon_{11}\hat{\mathbf{x}} + \epsilon_{21}\hat{\mathbf{y}} + \epsilon_{31}\hat{\mathbf{z}})$$

$$a' = |\mathbf{a}' \cdot \mathbf{a}'| \approx a(1 + \epsilon_{11})$$

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Deformation



$$\mathbf{a}' = \mathbf{a} + a(\epsilon_{11}\hat{\mathbf{x}} + \epsilon_{21}\hat{\mathbf{y}} + \epsilon_{31}\hat{\mathbf{z}})$$

$$\mathbf{b}' = \mathbf{b} + b(\epsilon_{12}\hat{\mathbf{x}} + \epsilon_{22}\hat{\mathbf{y}} + \epsilon_{32}\hat{\mathbf{z}})$$

$$\text{for } \mathbf{a} \cdot \mathbf{b} = 0 = ab \cos \theta \Rightarrow \theta = \frac{\pi}{2}$$

$$\mathbf{a}' \cdot \mathbf{b}' \approx ab(\epsilon_{21} + \epsilon_{12}) = 2ab\epsilon_{12} = ab \cos \theta'$$

$$\cos \theta' = \cos(\theta + (\theta' - \theta)) = \cos \theta \cos(\theta' - \theta) - \sin \theta \sin(\theta' - \theta)$$

$$\approx -\sin \theta \sin(\theta' - \theta) \approx -(\theta' - \theta)$$

$$\theta' \approx \theta - 2\epsilon_{12} = \frac{\pi}{2} - 2\epsilon_{12}$$

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Elastic stress tensor

$$-\sum_{j=1}^3 T_{ij} dA_j \Rightarrow i^{\text{th}} \text{ component of force acting on surface } \hat{\mathbf{n}} dA \equiv d\mathbf{F}$$

Generalization of Hooke's law, $\mathbf{F}_x = -k\mathbf{x}$:

$$\text{Lame' coefficients : } T_{ij} = -\lambda \delta_{ij} \nabla \cdot \mathbf{u} - \mu \left(\frac{\partial u_i}{\partial x_j} + \frac{\partial u_j}{\partial x_i} \right)$$

$$\text{or : } T_{ij} = -\lambda \delta_{ij} \text{Tr}(\epsilon) - 2\mu \epsilon_{ij}$$

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Elastic stress tensor -- continued

$$T_{ij} = -\lambda \delta_{ij} \text{Tr}(\epsilon) - 2\mu \epsilon_{ij}$$

$$\text{Note that: } \text{Tr}(T) = -3 \underbrace{\left(\lambda + \frac{2}{3} \mu \right)}_{K \equiv \text{bulk modulus}} \text{Tr}(\epsilon)$$

$$\text{Inverse Hooke's law: } \epsilon_{ij} = -\frac{1}{2\mu} \left(T_{ij} - \frac{\lambda}{3\left(\lambda + \frac{2}{3}\mu\right)} \delta_{ij} \text{Tr}(T) \right)$$

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Stress tensor -- continued

$$\epsilon_{ij} = -\frac{1}{2\mu} \left(T_{ij} - \frac{\lambda}{3(\lambda + \frac{2}{3}\mu)} \delta_{ij} \text{Tr}(T) \right)$$

In terms of bulk modulus: $K = \lambda + \frac{2}{3}\mu$

$$\lambda = K - \frac{2}{3}\mu$$

$$\epsilon_{ij} = -\frac{1}{9K} \delta_{ij} \text{Tr}(T) - \frac{1}{2\mu} \left(T_{ij} - \frac{1}{3} \delta_{ij} \text{Tr}(T) \right)$$

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$$\epsilon_{ij} = -\frac{1}{2\mu} \left(T_{ij} - \frac{\lambda}{3(\lambda + \frac{2}{3}\mu)} \delta_{ij} \text{Tr}(T) \right) = -\frac{1}{9K} \delta_{ij} \text{Tr}(T) - \frac{1}{2\mu} \left(T_{ij} - \frac{1}{3} \delta_{ij} \text{Tr}(T) \right)$$

Example -- hydrostatic pressure: $T_{ij} = \delta_{ij}dp$

$$\text{Tr}(T) = 3dp$$

$$\epsilon_{ij} = -\frac{dp}{3(\lambda + \frac{2}{3}\mu)} \delta_{ij} \equiv -\frac{dp}{3K} \delta_{ij}$$

$$\text{Note that: } \text{Tr}(\epsilon) = \frac{dV}{V} = -\frac{dp}{K}$$

$$\Rightarrow K = -V \frac{\partial p}{\partial V}$$

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$$\epsilon_{ij} = -\frac{1}{2\mu} \left(T_{ij} - \frac{\lambda}{3(\lambda + \frac{2}{3}\mu)} \delta_{ij} \text{Tr}(T) \right) = -\frac{1}{9K} \delta_{ij} \text{Tr}(T) - \frac{1}{2\mu} \left(T_{ij} - \frac{1}{3} \delta_{ij} \text{Tr}(T) \right)$$

Example -- uniaxial pressure: $T_{ij} = \begin{cases} dp & ij = zz \\ 0 & \text{otherwise} \end{cases}$

$$\epsilon_{zz} = -\frac{1}{E} T_{zz} \quad \text{in terms of Young's modulus}$$

$$E = \frac{9K\mu}{3K + \mu}$$

$$\epsilon_{xx} = \epsilon_{yy} = -\left(\frac{1}{9K} - \frac{1}{6\mu} \right) dp$$

$$\text{Poisson ratio: } \sigma = -\frac{\epsilon_{xx}}{\epsilon_{zz}} = -\frac{\epsilon_{yy}}{\epsilon_{zz}} = \frac{1}{2} \frac{3K - 2\mu}{3K + \mu}$$

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$$\epsilon_{ij} = -\frac{1}{9K} \delta_{ij} Tr(T) - \frac{1}{2\mu} \left(T_{ij} - \frac{1}{3} \delta_{ij} Tr(T) \right)$$

Shear modulus

$$T_{ij} = \begin{cases} -f & \text{for } T_{xy} \text{ or } T_{yx} \\ 0 & \text{otherwise} \end{cases}$$

$$\epsilon_{xy} = \epsilon_{yx} = \frac{f}{2\mu}$$

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Relationships between the elastic moduli:

Poisson's ratio:

$$\sigma = -\frac{\epsilon_{xx}}{\epsilon_z} = \frac{1}{2} \frac{3K - 2\mu}{3K + \mu}$$

Young's modulus:

$$E = \frac{9K\mu}{3K + \mu}$$

Shear modulus: μ

Relationships between elastic constants:

$$K = \frac{1}{3} \frac{E}{1 - 2\sigma}$$

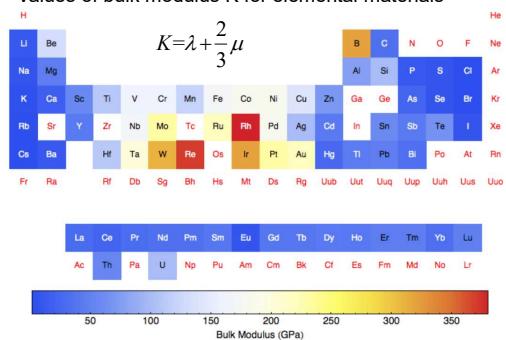
$$\mu = \frac{1}{2} \frac{E}{1 + \sigma}$$

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Values of bulk modulus K for elemental materials --

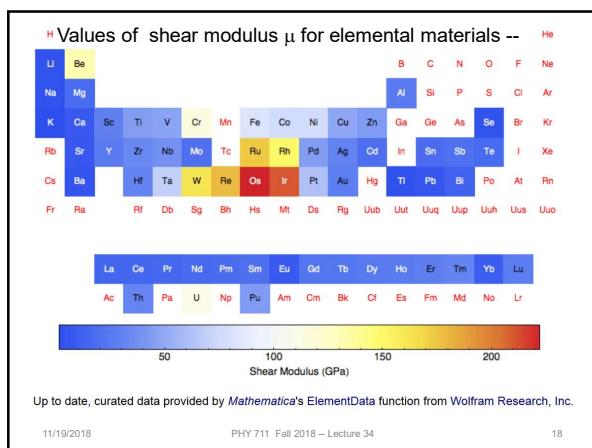
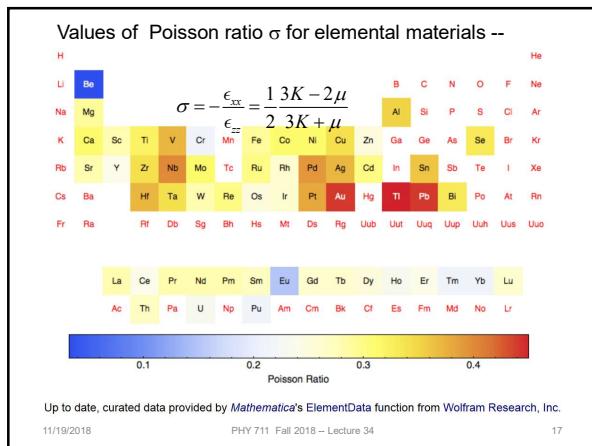
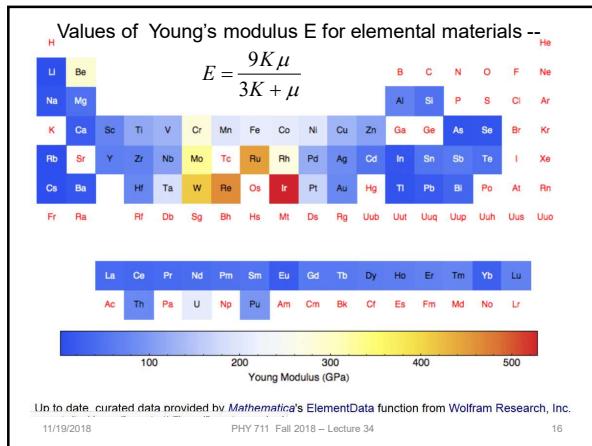


Up to date, curated data provided by *Mathematica*'s `ElementData` function from Wolfram Research, Inc.

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Bulk elastic energy: $\delta W^{\text{elastic}} = -\sum_{ij=1}^3 \int_V d^3x T_{ij} \epsilon_{ij}$

Integrating from 0 to final strain ϵ_{ij} :

$$\delta W^{\text{elastic}} = -\frac{1}{2} \sum_{ij=1}^3 T_{ij} \epsilon_{ij}$$

Hooke's Law: $T_{ij} = -K \delta_{ij} \text{Tr}(\epsilon) - 2\mu \left(\epsilon_{ij} - \frac{1}{3} \delta_{ij} \text{Tr}(\epsilon) \right)$

$$\begin{aligned} \delta W^{\text{elastic}} &= \frac{1}{2} K (\text{Tr } \epsilon)^2 + \mu \sum_{ij=1}^3 \left(\epsilon_{ij} - \frac{\delta_{ij}}{3} \text{Tr } \epsilon \right)^2 \\ &= \frac{1}{2} \lambda (\text{Tr } \epsilon)^2 + \mu \sum_{ij=1}^3 \epsilon_{ij}^2 \end{aligned}$$

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Note that the two relations:

$$\delta W^{\text{elastic}} = \frac{1}{2} K (\text{Tr } \epsilon)^2 + \mu \sum_{ij=1}^3 \left(\epsilon_{ij} - \frac{\delta_{ij}}{3} \text{Tr } \epsilon \right)^2$$

$$T_{ij} = -K \delta_{ij} \text{Tr}(\epsilon) - 2\mu \left(\epsilon_{ij} - \frac{1}{3} \delta_{ij} \text{Tr}(\epsilon) \right)$$

Ensure that: $\frac{\partial \delta W^{\text{elastic}}}{\partial \epsilon_{ij}} = -T_{ij}$

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Dynamical equations of motion

Recall Newton's second law for continuum system with density ρ , velocity components v_k and stress tensor T_{ij} :

$$\frac{\partial(\rho v_k)}{\partial t} = -\sum_{l=1}^3 \frac{\partial T_{kl}}{\partial x_l} + \rho f_k$$


For our elastic medium: ρ does not vary in time

Velocity related to displacement: $v_k = \frac{\partial u_k}{\partial t}$

Hooke's law: $T_{kl} = -K \delta_{kl} \text{Tr}(\epsilon) - 2\mu \left(\epsilon_{kl} - \frac{1}{3} \delta_{kl} \text{Tr}(\epsilon) \right)$

$$= -K \delta_{kl} (\nabla \cdot \mathbf{u}) - 2\mu \left(\frac{1}{2} \left(\frac{\partial u_k}{\partial x_l} + \frac{\partial u_l}{\partial x_k} \right) - \frac{1}{3} \delta_{kl} (\nabla \cdot \mathbf{u}) \right)$$

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For: $T_{kl} = -K\delta_{kl}(\nabla \cdot \mathbf{u}) - 2\mu\left(\frac{1}{2}\left(\frac{\partial u_k}{\partial x_l} + \frac{\partial u_l}{\partial x_k}\right) - \frac{1}{3}\delta_{kl}(\nabla \cdot \mathbf{u})\right)$

$$\sum_{l=1}^3 \frac{\partial T_{kl}}{\partial x_l} = -\left(K - \frac{2}{3}\mu\right) \sum_{l=1}^3 \left(\delta_{kl} \frac{\partial(\nabla \cdot \mathbf{u})}{\partial x_l}\right) - \mu \sum_{l=1}^3 \frac{\partial^2 u_l}{\partial x_k \partial x_l} - \mu \sum_{l=1}^3 \frac{\partial^2 u_k}{\partial x_l^2}$$

$$= -\left(K + \frac{1}{3}\mu\right) \sum_{l=1}^3 \frac{\partial^2 u_l}{\partial x_k \partial x_l} - \mu \sum_{l=1}^3 \frac{\partial^2 u_k}{\partial x_l^2}$$

$$\frac{\partial(\rho v_k)}{\partial t} = -\sum_{l=1}^3 \frac{\partial T_{kl}}{\partial x_l} + \rho f_k$$

$$\rho \frac{\partial^2 u_k}{\partial t^2} = \left(K + \frac{1}{3}\mu\right) \sum_{l=1}^3 \frac{\partial^2 u_l}{\partial x_k \partial x_l} + \mu \sum_{l=1}^3 \frac{\partial^2 u_k}{\partial x_l^2} + \rho f_k$$

Vector form: $\rho \frac{\partial^2 \mathbf{u}}{\partial t^2} = \left(K + \frac{1}{3}\mu\right) \nabla(\nabla \cdot \mathbf{u}) + \mu \nabla^2 \mathbf{u} + \rho \mathbf{f}$

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Dynamical equations of elastic continuum

$$\rho \frac{\partial^2 \mathbf{u}}{\partial t^2} = \mu \nabla^2 \mathbf{u} + \left(K + \frac{1}{3}\mu\right) \nabla(\nabla \cdot \mathbf{u}) + \rho \mathbf{f}$$

In the absence of external forces, this reduces to two decoupled wave equations representing longitudinal and transverse modes:

$$\mathbf{u} = \mathbf{u}_l + \mathbf{u}_t$$

where $\nabla \times \mathbf{u}_l = 0$ and $\nabla \cdot \mathbf{u}_t = 0$

$$c_l = \left(\frac{K + \frac{4}{3}\mu}{\rho} \right)^{1/2} \quad \text{and} \quad c_t = \left(\frac{\mu}{\rho} \right)^{1/2}$$

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Typical velocities of longitudinal sound waves

http://www.engineeringtoolbox.com/sound-speed-solids-d_713.html

air: $c = 343 \text{ m/s}$
water: $c = 1433 \text{ m/s}$

Material	$c_l (\text{m/s})$
Aluminum, shear	3100 - 6400
Aluminum, longitudinal wave	3100 - 6400
Beryllium	12800
Brass	3475
Brick	4176
Concrete	3200 - 3600
Copper	4600
Cork	366 - 518
Diamond	12000
Glass	3962
Glass, Pyrex	5640
Gold	3240
Granite	5950
Hardwood	3962
Iron	5130
Lead	1960 - 2160
Lucite	2680
Rubber, butyl	1830
Rubber	40 - 150
Silver	3650
Steel	6100
Steel, stainless	5700
Titanium	6070
Wood (hard)	3960
Wood	3300 - 3600

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from:

<https://pangea.stanford.edu/courses/qp262/Notes/5.Elasticity.pdf>

Mineral	Density	Young's Modulus	Bulk Modulus	Shear Modulus	Vp	Vs	Poisson's Ratio
Quartz	2.6500	97.756	60.600	45.000	6.0376	4.1208	0.063953
Orthoclase	2.7000	64.450	79.000	32.000	6.6395	3.4563	0.31707
Dolomite	2.6700	116.57	94.900	45.000	7.3465	3.9597	0.29597
Clay (kaolinite)	1.5800	3.2034	1.5000	1.4000	1.4597	0.94132	0.14407
Muscovite	2.7900	100.84	61.500	41.100	6.4563	3.8381	0.22673
Feldspar (Albite)	2.6300	69.010	75.600	25.600	6.4594	3.1199	0.34786
Halite	2.1600	37.342	24.800	14.900	4.5474	2.6264	0.24972
Anhydrite	2.9800	74.431	56.100	29.100	5.6432	3.1249	0.27888
Pyrite	4.9300	305.85	147.40	132.50	8.1076	5.1842	0.15417
Siderite	3.9600	134.51	123.70	51.000	6.9576	3.5887	0.31876
gas	0.00065000	0.0000	0.00013000	0.0000	0.44721	0.0000	0.50000
water	1.0000	0.0000	2.2500	0.0000	1.5000	0.0000	0.50000
oil	0.80000	0.0000	1.0200	0.0000	1.1292	0.0000	0.50000

c.t

densities in g/cm³
moduli in GPa
velocities in km/s

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Dynamical equations of elastic continuum

$$\rho \frac{\partial^2 \mathbf{u}}{\partial t^2} = \mu \nabla^2 \mathbf{u} + \left(K + \frac{1}{3} \mu \right) \nabla (\nabla \cdot \mathbf{u}) + \rho \mathbf{f}$$

In absense of external force:

$$\rho \frac{\partial^2 \mathbf{u}}{\partial t^2} = \mu \nabla^2 \mathbf{u} + \left(K + \frac{1}{3} \mu \right) \nabla (\nabla \cdot \mathbf{u})$$

Suppose: $\mathbf{u} = \mathbf{u}_l + \mathbf{u}_t$

where $\nabla \times \mathbf{u}_l = 0$ and $\nabla \cdot \mathbf{u}_l = 0$

$$\rho \frac{\partial^2 (\mathbf{u}_l + \mathbf{u}_t)}{\partial t^2} = \mu \nabla^2 (\mathbf{u}_l + \mathbf{u}_t) + \left(K + \frac{1}{3} \mu \right) \nabla (\nabla \cdot \mathbf{u}_l)$$

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Dynamical equations of elastic continuum

Transverse component:

$$\rho \frac{\partial^2 \mathbf{u}_t}{\partial t^2} = \mu \nabla^2 \mathbf{u}_t \quad \frac{\partial^2 \mathbf{u}_t}{\partial t^2} = \frac{\mu}{\rho} \nabla^2 \mathbf{u}_t \equiv c_t^2 \nabla^2 \mathbf{u}_t$$

$$\text{Transverse wave velocity: } c_t = \sqrt{\frac{\mu}{\rho}}$$

$$\text{Longitudinal component: } \rho \frac{\partial^2 \mathbf{u}_l}{\partial t^2} = \mu \nabla^2 \mathbf{u}_l + \left(K + \frac{1}{3} \mu \right) \nabla (\nabla \cdot \mathbf{u}_l)$$

Note that the longitudinal wave has its displacement along its propagation direction x_p , so that $\mathbf{u}_l = \mathbf{u}_l(x_p) \equiv u_l(x_p) \hat{x}_p$

$$\Rightarrow \rho \frac{\partial^2 u_l}{\partial t^2} = \mu \frac{\partial^2 u_l}{\partial x_p^2} + \left(K + \frac{1}{3} \mu \right) \frac{\partial^2 u_l}{\partial x_p^2} = \left(K + \frac{4}{3} \mu \right) \frac{\partial^2 u_l}{\partial x_p^2}$$

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Dynamical equations of elastic continuum
Longitudinal component -- continued:

$$\rho \frac{\partial^2 u_l}{\partial t^2} = \left(K + \frac{4}{3} \mu \right) \frac{\partial^2 u_l}{\partial x_p^2}$$

$$\frac{\partial^2 u_l}{\partial t^2} = \left(\frac{K}{\rho} + \frac{4 \mu}{3 \rho} \right) \frac{\partial^2 u_l}{\partial x_p^2} \equiv c_l^2 \frac{\partial^2 u_l}{\partial x_p^2}$$

$$\text{Longitudinal wave velocity: } c_l = \sqrt{\frac{K}{\rho} + \frac{4 \mu}{3 \rho}}$$

Transverse component:

$$\rho \frac{\partial^2 \mathbf{u}_t}{\partial t^2} = \mu \nabla^2 \mathbf{u}_t \quad \frac{\partial^2 \mathbf{u}_t}{\partial t^2} = \frac{\mu}{\rho} \nabla^2 \mathbf{u}_t \equiv c_t^2 \nabla^2 \mathbf{u}_t$$

$$\text{Transverse wave velocity: } c_t = \sqrt{\frac{\mu}{\rho}}$$

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Some values:

Substance	Density (g/cm^3)	V_l (m/s)	V_s (m/s)
Metals			
Aluminum, rolled	2.7	6420	3040
Beryllium	1.87	12890	8880
Brass (70 Cu, 30 Zn)	8.6	4700	2110
Copper, annealed	8.93	4760	2325
Copper, rolled	8.93	5010	2270
Gold, hard-drawn	19.7	3240	1200
Iron, Armco	7.85	5960	3240
Lead, annealed	11.4	2160	708
Lead, rolled	11.4	1960	698
Molybdenum	10.1	6250	3350
Nickel metal	8.96	5350	2570
Nickel (unmagnetized)	8.88	5480	2995
Nickel	8.9	6040	3000
Platinum	21.4	3260	1730
Silver	10.4	3650	1610
Steel, mild	7.85	5960	3235
Steel, 347 Stainless	7.9	5790	3100
Substances			
Tin, rolled	7.3	3320	1670
Titanium	4.5	6070	3125
Tungsten, annealed	19.3	5220	2890
Tungsten Carbide	13.8	6655	3980
Zinc, rolled	7.1	4210	2440
Various			
Fused silica	2.2	5968	3764
Glass, pyrex	2.32	5640	3280
Glass, heavy silicate flint	3.68	3980	2380
Lutite	1.18	2680	1100
Nylon 6-6	1.11	2620	1070
Polyethylene	0.90	1950	540
Polystyrene	1.06	2350	1120

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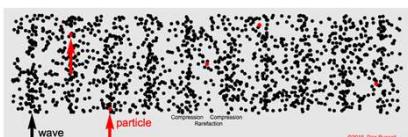
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Animations from website:

<https://www.acs.psu.edu/drussell/demos/waves/wavemotion.html>

Longitudinal wave (p or "primary")



Transverse wave (s or "secondary")



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Elasticity in solids



We imagine that near equilibrium, the solid can be described in terms of a potential function $\phi(\{\mathbf{R}\})$ where $\{\mathbf{R}\}$ represents the positions of each atom:

$$E = \sum_{\mathbf{R}} \phi(\{\mathbf{R}\}) + \frac{1}{2} \sum_{\mathbf{RR'}} (\mathbf{u}(\mathbf{R}) - \mathbf{u}(\mathbf{R}')) \cdot \nabla \phi(\{\mathbf{R}\}) + \frac{1}{4} \sum_{\mathbf{RR'}} ((\mathbf{u}(\mathbf{R}) - \mathbf{u}(\mathbf{R}')) \cdot \nabla)^2 \phi(\{\mathbf{R}\}) + \dots$$

vanishes at equilibrium

$$\delta W^{\text{elastic}} = \frac{1}{4} \sum_{ij} (\mathbf{u}_i(\mathbf{R}) - \mathbf{u}_i(\mathbf{R}')) \frac{\partial^2 \phi(\{\mathbf{R}\})}{\partial u_i \partial u_j} (\mathbf{u}_j(\mathbf{R}) - \mathbf{u}_j(\mathbf{R}'))$$

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$$\delta W^{\text{elastic}} = \frac{1}{4} \sum_{ij} (\mathbf{u}_i(\mathbf{R}) - \mathbf{u}_i(\mathbf{R}')) \frac{\partial^2 \phi(\{\mathbf{R}\})}{\partial u_i \partial u_j} (\mathbf{u}_j(\mathbf{R}) - \mathbf{u}_j(\mathbf{R}'))$$

Note that $\mathbf{u}(\mathbf{R}') \approx \mathbf{u}(\mathbf{R}') + (\mathbf{R}' - \mathbf{R}) \cdot \nabla \mathbf{u}(\mathbf{R})$

In terms of strain coefficients ϵ_{ij} :

$$\delta W^{\text{elastic}} = \frac{1}{2} \sum_{ijkl} \epsilon_{ij} c_{ijkl} \epsilon_{kl}$$

where coefficients c_{ijkl} are composed of permutations of $R_i \frac{\partial^2 \phi}{\partial u_j \partial u_k} R_l$

For the most general case c_{ijkl} have 21 distinct terms, for a cube there are only 3 unique terms.

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Simplified notation:

 $xx \rightarrow 1$ $yy \rightarrow 2$ $zz \rightarrow 3$

For cubic crystals, the unique coefficients are:

 $yz \rightarrow 4$ $C_{11} = c_{xxxx}$ $C_{12} = c_{xyy}$ $C_{44} = c_{yyz}$ $zx \rightarrow 5$ $xy \rightarrow 6$

Some typical values (Ref. Ashcroft and Mermin (1976))

	C_{11} (GPa)	C_{12} (GPa)	C_{44} (GPa)
Na	7.0	6.1	4.5
Al	107	61	28
Fe	234	136	118
Si	166	64	80
NaCl	48.7	12.4	12.6

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