## Race, Gender, and Identity in the 21<sup>st</sup> Century Scientific Community.

## **GROUND RULES**



- 1. Speak in the "I" tone about your personal experiences and beliefs.
- 2. Actively listen and don't interrupt. Active listening means not waiting to speak.
- 3. No recordings of conversations.
- 4. Practice mindfulness, i.e., being mindful of surroundings and how you speak and respond to others.
- 5. Strive to seek empathy.
- 6. Come in every day with an open mind.
- 7. Be intentional about what you say and be personally responsible for your actions and mistakes.
- 8. Have the mindset to learn.
- 9. Shift from the mindset of winning sides to that of solving a problem.
- 10. Have a goal for consensus on an issue.
- 11. Respectfully disagree with others.